



KRC Covid-19 Plan – 12/12/2021 For Vaccinated and Unvaccinated Players

Please adhere to these rules when entering the club - until further notice:

- **MASKS** – must be worn in all areas of the club when not playing tennis.
- **MAINTAIN** - a distance of 6 feet from others in the club.
- **COME READY TO PLAY** - to minimize time changing in the club.
- **ENTER AT YOUR COURT TIME** – to give players a chance to exit the club.
- **END PLAY 10 MINUTES EARLY** - to minimize contact in the lobby.

By entering the club, you are agreeing to comply with these rules.

The upstairs space will remain open. Please maintain social distancing in this area and note that non-players and spectators are discouraged.

If you are sick, have a fever or cough – STAY HOME. If you have come into contact with anyone suspected of having COVID-19 - do not enter the club and follow the recommendations below.

What do you do if you have been exposed to COVID-19? (per the CDC)

People with COVID-19 should isolate for 5 days and if they are asymptomatic or their symptoms are resolving (without fever for 24 hours), follow that by 5 days of wearing a mask when around others to minimize the risk of infecting people they encounter. The change is motivated by science demonstrating that the majority of SARS-CoV-2 transmission occurs early in the course of illness, generally in the 1-2 days prior to onset of symptoms and the 2-3 days after.

Additionally, CDC is updating the recommended quarantine period for anyone in the general public who is [exposed to COVID-19](#). For people who are unvaccinated or are more than six months out from their second mRNA dose (or more than 2 months after the J&J vaccine) and not yet boosted, CDC now recommends quarantine for 5 days followed by strict mask use for an additional 5 days. Alternatively, if a 5-day quarantine is not feasible, it is imperative that an exposed person [wear a well-fitting mask](#) at all times when around others for 10 days after exposure. Individuals who have received their booster shot do not need to quarantine following an exposure, but should wear a mask for 10 days after the exposure. For all those exposed, best practice would also include a test for SARS-CoV-2 at day 5 after exposure. If symptoms occur, individuals should immediately quarantine until a negative test confirms symptoms are not attributable to COVID-19.

Notice to all Members: While efforts have been made to keep our club clean, the building has not been cleaned or sanitized to prevent the spread of the COVID-19 virus. You enter and play at your own risk.